

Common Skin Lesions and Dermatoscopy

An all-day course for health professionals

9.00 am – 5.00 pm

Saturday 11 May 2019

The Devon Hotel , 390 Devon Street East, New Plymouth

Presenter: Dr Amanda Oakley, Adjunct Associate Professor

This one-day course addresses clinical and dermatoscopic diagnosis of common benign and malignant skin lesions, particularly pigmented lesions. Participants should gain increased confidence in their diagnostic skills, leading to a reduction in unnecessary excisions of benign conditions. The course will be highly interactive. The course material is based on the chaos and clues, modified pattern recognition method.

Course preparation

Participants are advised to prepare for the course by reading a textbook on dermatoscopy and/or by going through the following two CME courses on the DermNet website:

<http://www.dermnetnz.org/cme/lesions/>

<http://www.dermnetnz.org/cme/dermoscopy-course/>

Some participants of previous courses have indicated that course preparation required more time than they had anticipated; they recommended starting well before the day of the course.

You do not need to purchase ahead or bring a dermatoscope to the course (unless you would like to ask the instructor something about your particular dermatoscope).

CME points

This course has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 6.5 CME credits, for the General Practice Educational Programme (GPEP) and Continuing Professional Development (CPD) purposes.

Hosts

The course is hosted by MelNet with support from the Health Promotion Agency.

Course programme

Morning Session: Common Skin Lesions

This session will outline the clinical and dermatoscopic aspects of common benign and malignant skin lesions, particularly pigmented skin lesions. Although diagnosis will be the focus, choices for management will be outlined, time permitting.

8.30 Registration and tea/coffee

9.00 Introductions and course overview

Course context: *Standards of Service Provision for Melanoma Patients in New Zealand – Provisional* (Standards 1.1, 1.2, 1.3). See: <http://www.melnet.org.nz/resources>

Pre-test of dermatoscopic images of 10 common skin lesions

Introduction to dermatoscopy

History: risk factors for skin cancer

Examination of the skin

Pigmented melanocytic lesions: Melanocytic naevi and melanoma

10.30 Morning tea

11.00 Pigmented nonmelanocytic lesions

Melanotic macules

Basal and squamous cell cancer

Vascular lesions

Seborrhoeic keratosis

Dermatofibroma

12.30 Lunch

Afternoon Session: Dermatoscopy

This session will focus on distinguishing benign from malignant pigmented lesions using modified pattern analysis to describe dermatoscopic features.

1.30 Dermatoscopic patterns

Lines, circles, dots, clods and structureless zones

Single and multiple patterns

Symmetry and asymmetry

Patterns seen in naevi

Clues to melanoma

3.00 Afternoon tea

3.30 Final session

Lesions that should be excised

Monitoring skin lesions

Review of the pre-test

If time allows: Nonpigmented skin lesions

Questions and answers

5.00 Course finishes

More information

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Join MelNet today!

MelNet is looking for members, and membership is free!

By becoming a member you can add your voice to the growing number of health professionals concerned about reducing the incidence and impact of all skin cancers, including melanoma.

Other benefits:

- Receive updates on upcoming courses, events and news
- Post your research and activities on the MelNet portal
- Receive regular e-newsletters with upcoming activities and recent publications, and opportunities for member feedback and advocacy
- Have access to contact details for fellow professionals through the directory of members.

www.melnet.org.nz

